



Company Registration No. 283770

Registered in Scotland

Charity No. SC 036689

# **WHO ARE WE?**

**WE ARE A MENTAL HEALTH  
ORGANISATION THAT IS  
SERVICE USER AND CARER LED  
WITH A NETWORK THROUGHOUT  
ARGYLL & BUTE, AS WELL AS  
OTHER AREAS**

# **BOARD OF DIRECTORS**

**Our board of directors are elected from user/carer representatives across the area that we cover:**

- Argyll & Bute**
- East Renfrewshire**
- Inverclyde**
- Renfrewshire**
- West Dunbartonshire**

# OUR 'PATCH'



*Argyll & Clyde United in Mental Health*

# STAFF TEAM

**David Wright** - Development Manager

**Andrea O'Brien** - Administrator

**Tina Jordan** - Development Worker,  
Argyll & Bute

**Audrey Forrest** - Development Worker,  
Argyll & Bute

**Pauline Valance** - Development Worker,  
East Renfrewshire

# **OUR PHILOSOPHY**

**Our philosophy is that maximising mental health service user and carer involvement, in all areas of service provision, will improve the quality of services and the quality of an individual's life.**

# WHAT WE DO

- **We provide a framework for “collective advocacy” – a way of collecting the voices of service users and carers and enabling them to be heard and play a part in the development of mental health services.**
- **We do this by helping people to share experiences, understanding and knowledge of mental health issues.**

- **We facilitate and encourage participation and co-operation in relevant mental health activities using a wide range of communication techniques e.g. attending NHS meetings and events, using VC when if required.**
- **We promote awareness of mental health issues and provide information to the general public at public events and aim to reduce stigma.**



# **HOW WE SUPPORT SERVICE USER AND CARERS' VOICES TO BE HEARD**

- **A& B Recovery Group**
- **A& B Carers Group**
- **Argyll and Bute Hospital Ward Conversations**
- **Annual Link Club Convention**
- **Modernisation and Recovery Groups**
- **Scottish Recovery Indicator 2 (SRI 2)**
- **Communications Group**
- **Psychological Therapies Management Group**
- **Mental Health Programme Board**
- **Mental Health Events**

*Thank you*

**Stephen Duffy**  
**ACUMEN Director**

